

# Blackfort

Adolescent Gestalt Institute

in conjunction with



Two Day Training Workshop

## Supporting The Traumatised Adolescent

Psychotherapists, social workers, probation officers, youth workers, educators and health professionals are encountering more and more adolescents with increasingly complex presentations. Unintegrated trauma is often a core aspect of the adolescent's experience and his moods and behaviours are often attempts to creatively adjust to the limitations of an inadequately supported lifespace.

This training workshop will offer an in-depth understanding of developmental process for the traumatised adolescent, and in particular, participants will develop a deeper appreciation of the essential developmental impulse underlying even the most self-destructive and inappropriate behaviours exhibited by young people - which understandably cause concern and create complex dilemmas for helping professionals.

Throughout the two days, we will examine various dimensions of contact with young people. Participants will be supported in developing a trauma-sensitive rapport with the adolescent, finding ways to expand the adolescent's capacity for self-reflection and positive choice making.

### About The Presenter:

**Bronagh Starrs BA Dip  
Psychotherapy MIAHIP**

Founder & Director of Blackfort Adolescent Gestalt Institute and Programme Director for the MSc Adolescent Psychotherapy offered in Dublin Counselling & Therapy Centre. She maintains a private practice in Omagh, Northern Ireland, as a psychotherapist, clinical supervisor, writer and trainer, specialising in working with adolescents. Bronagh is an adolescent development specialist and has considerable experience teaching and presenting throughout Ireland and internationally on the developmental implication of trauma on the adolescent journey. She has authored numerous articles and chapters on the subject and her new book on adolescent psychotherapy is due for publication soon.

**Dates:** 16th & 17th November 2017

**Time:** 10.00am - 4.00pm

**Fee:** €240

**Venue:** Aiseiri Aislinn Adolescent  
Addiction Treatment Centre,  
Ballyragget, Co. Kilkenny

**For information and booking please  
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