



Blackfort

Adolescent Gestalt Institute

TRAINING WORKSHOP

Two Day Training Workshop

Anxiety, School Refusal, Depression & Self-Harm in Adolescence

This workshop will explore a Gestalt approach to working with adolescents whose presenting symptom issues include anxiety in all its forms, depression & self-harming behaviours. We will examine the symptom structure of these presentations and the transference issues which emerge in the work. Participants will appreciate how under-supported developmental process, transitional insecurity, the presence of trauma and wider environmental influences often shape the adolescent's lifespace, giving rise to psychological, physiological and relational dysregulation which manifests in these symptoms.

Gestalt adolescent psychotherapy is not defined by treatment protocol and technique, but rather by the cultivation of meaningful therapeutic contact with the adolescent. During this training workshop we will broadly address the therapeutic, ethical, legal and child protection issues which arise in the work with young people who are struggling with these presentations.

About The Presenter:

**Bronagh Starrs BA Dip
Psychotherapy MIAHIP**

Founder & Director of Blackfort Adolescent Gestalt Institute and principal faculty for the Post-Qualifying Diploma in Gestalt Adolescent Psychotherapy, in Dublin Counselling and Therapy Centre. She maintains a private practice in Omagh, Northern Ireland, as a psychotherapist, clinical supervisor, writer and trainer, specialising in working with adolescents. Bronagh is an adolescent development specialist and has considerable experience teaching and presenting throughout Ireland and internationally on the developmental implication of trauma on the adolescent journey. She has authored numerous articles and chapters on the subject. Her new book on adolescent psychotherapy will be published next year.

Dates: 10th & 11th June 2017

Time: 10am – 5pm

**Venue: Dublin Counselling
& Therapy Centre,
41 Upper Gardiner St,
Dublin 1**

Fee: €240

**For information and booking
please email Bronagh:
bronaghstarrs@gmail.com**