



# Blackfort

Adolescent Gestalt Institute

## TRAINING WORKSHOP

Two Day Training Workshop

# Separation & Complex Family Configuration: Meaning-Making & Identity Formation In Adolescence

The structure of family systems has changed and very often these complex dynamics of family experience create additional challenge for the adolescent as s/he attempts to find a newly emerging sense of belonging and identity in the world.

In this two-day workshop we will explore the impact of separation and complex family configuration for the adolescent, paying particular attention to the adolescent's first-person experience.

A clear relational framework for organising therapeutic intervention will be presented as participants learn about:

- The legacy of childhood separation
- Managing the assessment process
- Intervening with warring parents
- Identifying child protection issues as a result of parental hostility
- Supporting parents to attune to their adolescent
- Supporting the adolescent to make meaning of and navigate a complex family field

### About The Presenter:

**Bronagh Starrs BA Dip Psychotherapy MIAHIP**

Founder & Director of Blackfort Adolescent Gestalt Institute and principal faculty for the Post-Qualifying Diploma in Gestalt Adolescent Psychotherapy, in Dublin Counselling and Therapy Centre. She maintains a private practice in Omagh, Northern Ireland, as a psychotherapist, clinical supervisor, writer and trainer, specialising in working with adolescents. Bronagh is an adolescent development specialist and has considerable experience teaching and presenting throughout Ireland and internationally on the developmental implication of trauma on the adolescent journey. She has authored numerous articles and chapters on the subject. Her new book on adolescent psychotherapy will be published next year.

**Dates: 1st & 2nd April 2017**

**Time: 10am – 5pm**

**Venue: Knock Counselling Centre, Co. Mayo**

**Fee: €240**

**For information and booking please email Bronagh: [bronaghstarrs@gmail.com](mailto:bronaghstarrs@gmail.com)**